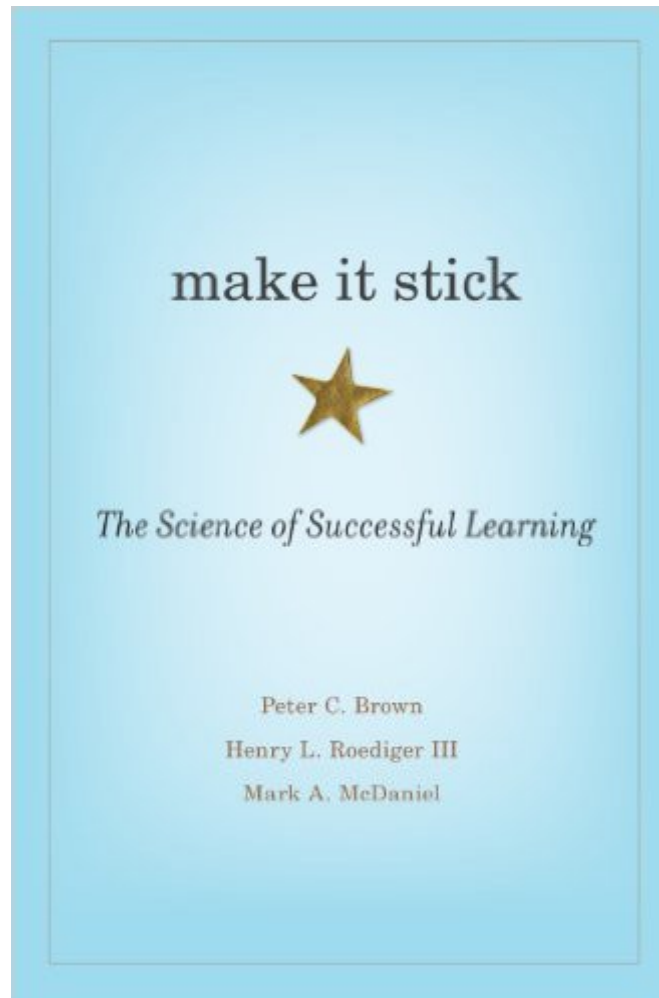


The book was found

Make It Stick



Synopsis

Drawing on cognitive psychology and other fields, *Make It Stick* offers techniques for becoming more productive learners, and cautions against study habits and practice routines that turn out to be counterproductive. The book speaks to students, teachers, trainers, athletes, and all those interested in lifelong learning and self-improvement.

Book Information

File Size: 821 KB

Print Length: 330 pages

Page Numbers Source ISBN: 0674729013

Publisher: Harvard University Press; 1 edition (April 14, 2014)

Publication Date: April 14, 2014

Sold by:Â Digital Services LLC

Language: English

ISBN-10: 0674729013

ISBN-13: 978-0674729018

ASIN: B00JQ3FN7M

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #20,439 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #3 inÂ Kindle

Store > Kindle eBooks > Education & Teaching > Studying & Workbooks > Study Skills #4

inÂ Kindle Store > Kindle eBooks > Business & Money > Education & Reference > Education #5

inÂ Kindle Store > Kindle eBooks > Education & Teaching > Teacher Resources > Education

Theory > Educational Psychology

Customer Reviews

Okay, well maybe I am overstating that a little. But the main "thesis" of Peter Brown's book - aside from being a summary of what cognitive science data shows about how we learn - is basically that many of the things we often assume about learning are wrong. Here are some of them: we learn best by reading and rereading a passage until we really understand it. **WRONG!** We learn best when we isolate a skill and practice it over and over again. **WRONG!** We all have learning styles

that are the way we learn best. WRONG! IQ (or something like it) imposes relatively firm limits on how much information we can absorb. WRONG! In this pretty easy-reading book, Peter Brown summarizes some of the latest findings in cognitive science, and many of these findings contradict what is often assumed about learning. First, many k-12 and college students are taught to (and do) use the 'reread and highlight' method to try and absorb content. Well, while this works to an extent, it leads more to an illusion of mastery than mastery. What works better? Read the content and quiz yourself; information retrieval is the key. Retrieving helps to build stronger connections in the brain that will lock information into memory. What's more - and this is another chapter - the harder the retrieval, the stronger your retention of what is retrieved. (So, writing a short essay recalling the concepts works better than true/false and multiple choice recall.) Another myth? While we all certainly have learning preferences (I like to receive my information in written form), that doesn't mean we learn best when receiving information in that form (I can do as well when I receive information audibly as when it is written, even though I prefer the latter).

Is there anything new in this book? I believe there is sage advice in it for many of us. That our brains adapt is good but also bad for studying. We become bored. For many of us, we were never taught how our minds work and how we should leverage its natural processes to learn. Sometimes, practice or studying feels painfully slow and we often switch to another method that feels good. Unfortunately, we often fail at assessing how much we're learning and have actually learned. Some students were never taught how to learn, and had few, if any, good teachers/mentors. Some teachers were never taught how to teach, and have forgotten what it was like to be a student. This book is for those both groups. The examples and advice for teachers and corporate trainers is also well written and useful. If you have had good teachers or learning exemplars, you might find this book less valuable than will most people. SUMMARY: PROs: This book will show you how to structure your learning and assessment processes to learn and confirm you're actually retaining the material. It provides 27 pages of endnotes on scientific studies that support its recommendations. Having read and applied the principles of both MIS and WSSK (see below), I can say they do work, very well. CONs: Be prepared to look for what you want. Most of us will focus on the prescriptions of Chapter 8: e.g. avoid rereading as a primary study method, and do use the blank paper assessment test, etc..

Summary of the key concepts in the book: Conventional Wisdom: Make learning easy
Best practice: Design learning with desirable difficulties
Discussion: Learning is deeper and more durable when

it is effortful. • Difficulties that elicit more effort and that slow down learning | will more than compensate for their inconvenience by making the learning stronger, more precise, and more enduring. Short-term impediments that make for stronger learning have come to be called desirable difficulties. • Don't assume you are doing something wrong if the learning feels hard. • Not all difficulties in learning are desirable ones. Anxiety while taking a test seems to represent an undesirable difficulty. • Slow down to find meaning. Always read prior to the lecture. • Training has to be engaging in order to hold employees' attention. • Conventional Wisdom: Concentrate on one topic at a time (aka. massed practice) Best practice: Interleave different but related topics Discussion: • Learning from interleaved practice feels slower than learning from massed practice. • While interleaving can impede performance during initial learning (tests taken immediately after exposure), interleaving has been shown to boost final test performance by a remarkable 215 percent. • In addition, commonalities learned through massed practice proved less useful than the differences learned through interleaving. • In interleaving, you don't move from a complete practice set of one topic to go to another. You switch before each practice is complete | You need to shuffle your flashcards.

[Download to continue reading...](#)

Fire Stick: The Ultimate Fire TV Stick User Guide - Start Using Fire TV Stick Like A Pro!
(Streaming Devices, How To Use Fire Stick, Fire TV Stick User Guide) Fire Stick: How to Start Using Fire Stick Like A Pro! - The Ultimate Guide to Master Your Fire Stick In Just 30 Minutes!
(Streaming Devices, ... TV Stick User Guide, How To Use Fire Stick) Fire Stick: The Ultimate Fire Stick User Guide - Learn How To Start Using Fire Stick, Plus Little-Known Tips And Tricks!
(Streaming ... TV Stick User Guide, How To Use Fire Stick) Fire Stick: The Ultimate Guide With Instructions To Unlock The True Potential Of Your Fire Stick (Streaming Devices, Fire TV Stick User Guide, How To Use Fire Stick) Fire Stick: The Complete User Manual To Starting With And Using Fire TV Stick, Plus Little-Known Tips And Tricks! (Streaming, How To Use Fire Stick, Fire TV Stick User Guide) Fire Stick: How To Unlock The True Potential Of Your Fire Stick - Plus Amazing Tips And Tricks! (Streaming Devices, Fire TV Stick User Guide, How To Use Fire Stick) Fire Stick: The Ultimate Fire Stick User Guide To TV, Movies, Apps, Games & Much More! Plus Advanced Tips And Tricks! (Streaming Devices, ... TV Stick User Guide, How To Use Fire Stick) Fire Stick: For Beginners! - Learn How To Start Using Your Fire Stick Now! (Streaming Devices, Fire TV Stick User Guide, How To Use Fire Stick) Fire Stick: Fire TV Stick Made Easy - The Ultimate Step-By-Step User Guide To Mastering Your Fire Stick In Less Than A Day! (How To Use ... Fire TV Stick User Guide, Streaming) Fire Stick: The Complete Beginners Guide - Learn How To

Setup And Master Your Fire Stick Today! (Streaming Devices, Fire TV Stick User Guide, How To Use Fire Stick) Fire Stick: The Ultimate Fire Stick User Guide To TV, Movies, Apps, Games & Much More! Plus Advanced Tips And Tricks! (Streaming Devices, Fire TV Stick User Guide, How To Use Fire Stick) Fire Stick: The Complete 2016 User Guide And Manual - How To Easily Install Android Apps On Your Fire Stick (Streaming Devices, Fire TV Stick User Guide, How To Use Fire Stick) Fire Stick: The Complete Fire Stick User Guide - Learn How To Install Apps, Games, Watch TV And Movies! (Streaming Devices, Fire TV Stick User Guide, How To Use Fire Stick) Fire Stick: The Ultimate User Guide To Starting With And Using Fire TV Stick (How To Use Fire Stick, Fire TV Stick User Guide, Streaming) Fire Stick: The Comprehensive User Guide With Advanced Tips And Tricks To Unlocking The True Potential Of Your Device! (Streaming Devices, Fire TV Stick User Guide, How To Use Fire Stick) Fire TV Stick User Manual: The Comprehensive "Made Easy" Step-by-Step User Guide for 's Fire TV Stick Roku Streaming Stick Made Easy: A comprehensive step-by-step user guide for the Roku Streaming Stick As We Speak: How to Make Your Point and Have It Stick Make It Stick The Best of Make: (Make 75 Projects from the pages of MAKE)

[Dmca](#)